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# Stem cell therapy can control obesity, ward off diabetes: Experts

TIMES NEWS NETWORK

**Lucknow:** Stem cells obtained from the placenta of a newborn baby can help in curing grade III obesity which is a major cause of diabetes and other diseases.

Giving this information during the 25th World Congress on Clinical Nutrition at Era's Lucknow Medical College and Hospital (ELMCH) on Saturday, director, research, National Institute of Nutrition (NIN)-Indian Council of Medical Research,

Prof Vijayalakshmi Venkatesan said the therapy has shown promising results in animal trials in the laboratory.

“An ongoing research may prove to be a boon for grade III obesity management, which as of now is being treated with bariatric surgery which has many side effects,” she added.

Sharing how personalised diet as per diseases can help in treatment, additional director, Era University, Zaw Ali Khan said: “During Co-

vid-19 international research, we included green tea and ginger in diet and had over 90% success rate in treatment of Covid-19 patients although a major chunk comprised of serious patients who needed ICU care.”

Advisor, Indian Science Congress Association, Prof Amit Krishna De highlighted that spices, which are traditionally used as flavor enhancers, also have medicinal properties and their vapours can reduce respiratory problems.